

Sponsor a Class – Be Seen – Be Safe Booklet

In this booklet you will be able to learn good road safety sense and how best to use the products contained in the SAC Visibility Kit. For more information and precautions please visit: www.safelight.ch/UK

Contents of the Visibility Kit

1 x high visibility waistcoat, 1 x spot glow, 3 x luminous stick, 1 x safety cord, 1 x luminous safety bag

How to use your Visibility Kit

High Visibility waistcoat; remove from bag and put on waistcoat, opening at the front. Then secure front by attaching the 2 Velcro tags. You should keep your vest secured at all times.

Spot Glow; take Spot Glow in your hand, press thumbnails in at the centre, when the colour illuminates gently massage the Spot Glow until the colour completely covers the face of the Spot Glow. Peel the adhesive backing and adhere to either the front or rear of your High Visibility waistcoat. After use please dispose of the redundant Spot Glow thoughtfully.

Luminous stick; tear along bonded edge of the protective foil and remove luminous stick from protective foil. Hold the luminous stick horizontally with both hands and thumbs touching in the middle then bend the luminous stick to about 45 degrees, you will hear the capsule snap, then shake vigorously for 3-4 seconds. It is now ready for use – After use, please dispose of the redundant luminous stick thoughtfully.

Safety cord; designed for use with the luminous stick. Connect the 2 linking cups together, place over your head and tie the luminous stick to it using the hook end or hole for better security.

Luminous bag; the bag has a dual purpose, first to hold the contents of the Kit and second to act as a reflective pouch.

Notes: Always keep your SAC Visibility Kit with you
In case of break down do not leave vehicle without High Visibility waistcoat
Always pack your SAC Visibility Kit away when not in use

Good Road Sense

When walking on any road always wear your High Visibility waistcoat.
In dark or inclement weather consider using the luminous stick for extra safety.
Always walk on the pavement as far from the traffic as possible.
When there is no pavement – walk in the direction of on-coming traffic.
When crossing the road always follow these rules:

Think First: Find the safest place to cross then STOP

Always try to Use: subways, footbridges, islands, pelican and traffic light crossings or where there is a police officer, school crossing patrol or traffic warden

If you can't find a good place to cross the road then choose a place where you can clearly see in all directions and where drivers are most likely to see you. NEVER cross on sharp bends or near the top of a hill

Stop: stand on the pavement near the kerb; give yourself plenty of time to look around. Stand a little way back from the kerb but where you will have a good view of any traffic, if there is no pavement, stand well back from the road but where you can still clearly see traffic coming.

Use Your Eyes and Ears: look all around for traffic, and listen. Look in every direction; listen carefully because sometimes you can hear traffic before you see it.

Wait Until its Safe to Cross: if traffic is coming, let it pass. DO NOT cross unless there is ample gap in the traffic and you are sure you have plenty of time. If you are not sure DO NOT cross.

Look and Listen: When it is safe, walk straight across the road, always walk NEVER run - Arrive Alive

Contacts:

For replacement parts please visit our website at www.safelight.ch, choose your country and language, then click on 'products' and choose the parts you wish to order.

To purchase a new kit for you or a friend please visit our website at www.safelight.ch, choose your country and language, then click on 'products' and choose the kit or components you wish to order.

If you experience any problems with your kit please go to the website www.safelight.ch, choose your country and language, then click onto contacts and choose the email address. Then send us details of your problem along with details of where and when the kit was acquired.

